

# **SOFTBALL (CHICK BALL)**

## **VI -- PITCHERS (MINOR & MAJOR SOFTBALL)**

This regulation applies only to the Little League (Majors) Division and Minor League.

(a) Any player on the team roster may pitch. **EXCEPTION:** A player who has attained a league age of twelve (12) is not eligible to pitch in the Minor League.

[**CHALLENGER:** Although use of the batting tee or coach pitch is strongly recommended, any player on the roster may pitch.]

(b) Little League (Majors) Division: If a player pitches in more than one (1) inning, one calendar day of rest is mandatory. A player may pitch in a maximum of nine (9) innings in a game. A player may pitch in a maximum of eighteen (18) innings in a calendar week, Sunday through Saturday. Delivery of a single pitch constitutes having pitched in an inning.

Minor Division: If a player pitches in more than one (1) inning, one calendar day of rest is mandatory. A player may pitch in a maximum of six (6) innings in a game. A player may pitch in a maximum of six (6) innings in a calendar week, Sunday through Saturday. Delivery of a single pitch constitutes having pitched in an inning.

### **EXAMPLE -**

If a player pitched in two or more innings on: (Column A): and is still eligible, that player can pitch again on (Column B):

Column A Column B

Sunday .....	Tuesday
Monday .....	Wednesday
Tuesday .....	Thursday
Wednesday .....	Friday
Thursday .....	Saturday
Friday .....	Sunday
Saturday .....	Monday

(c) A pitcher remaining in the game, but moving to a different position, can return as a pitcher anytime in the remainder of the game but only once in the same inning as she/he was removed.

## **VI -- PITCHERS (JUNIOR, SENIOR & BIG LEAGUE SOFTBALL)**

(a) Any player on the team roster may pitch.

(b) If a player pitches in less than five (5) innings, no rest is required. If a player pitches in five (5) or more innings, one (1) calendar day of rest must be observed. A player may pitch in a maximum of ten (10) innings in a day, and a maximum of thirty (30) innings in a calendar week, Sunday through Saturday. Delivery of a single pitch constitutes having pitched in an inning.

### **EXAMPLE -**

If a player pitched in five or more innings on: (Column A): and is still eligible, that player can pitch again on (Column B):

Column A Column B

Sunday .....	Tuesday
Monday .....	Wednesday
Tuesday .....	Thursday
Wednesday .....	Friday
Thursday .....	Saturday
Friday .....	Sunday
Saturday .....	Monday

## Softball Pitching Restrictions for 12 year olds participating in Major and Junior

(b) For a 12-year-old participating in the Major and Junior Divisions as permitted under Regulation IV, the pitching rules and regulations regarding days of rest are pertinent to the division in which the pitcher is used will apply to that game. Innings pitched previously in both divisions are taken into account when determining the eligibility of the pitcher for a particular game, with respect to days of rest and number of innings available.

The maximum number of innings allowed in a calendar week will be determined based on the division. In no event will any player who is a pitcher in the Major and Junior Division be permitted to pitch more than 30 innings in a calendar week. Only 18 of those innings may be pitched in the Major Division.

Example 1 – A player pitches four innings in a Junior Division game on Sunday. On Monday, she has a scheduled game in the Major Division. She would not be eligible to pitch in that game because the Major Division regulations require her to have one calendar day of rest, as a result of pitching in more than one inning on the previous day.

Example 2 - A player pitches four innings in a Major Division game on Sunday. On Monday, she has a scheduled game in the Junior Division, and she would be eligible to pitch in that game because the Junior Division regulations permit pitching on the next calendar day if less than five innings were pitched on the previous day.

Example 3 – A player pitches seven innings in a Junior Division game played on Sunday and seven more innings in another Junior Division game on Tuesday, for a total of 14 innings. On Thursday, she has a scheduled game in the Major Division. She then pitches nine innings in the Major Division game, for a total of 23 innings overall (14 innings in Juniors, nine innings

## **BASEBALL**

(a) Any player on a regular season team may pitch. EXCEPTION: any player, who has played the position of catcher in four (4) or more innings in a game, is not eligible to pitch on that calendar day.

(b) A pitcher once removed from the mound cannot return as pitcher. Junior, Senior, and Big League Divisions only: A pitcher remaining in the game, but moving to a different position, can return as a pitcher anytime in the remainder of the game, but only once per game.

(c) The manager must remove the pitcher when said pitcher reaches the limit for his/her age group as noted below, but the pitcher may remain in the game at another position:

League Age 17-18 105 pitches per day

13-16 95 pitches per day

11-12 85 pitches per day

9-10 75 pitches per day

7-8 50 pitches per day

Exception: If a pitcher reaches the limit imposed in Regulation VI (c) for his/her league age while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: 1. That batter reaches base; 2. That batter is put out; 3. The third out is made to complete the half-inning. Note: A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day.

(d) Pitchers league age 14 and under must adhere to the following rest requirements:

- If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
- If a player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed.
- If a player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed.
- If a player pitches 21 - 35 pitches in a day, one (1) calendar days of rest must be

(d) Pitchers league age 14 and under must adhere to the following rest requirements:

- If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
- If a player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed.
- If a player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed.
- If a player pitches 21 - 35 pitches in a day, one (1) calendar days of rest must be observed.