Western Region "Your LL Name" Little League



"Where Safety comes First" 2020 Safety Plan

League ID #:____

Little League Safety Program
Safety Mission Statement

Little League is a non-profit organization run by volunteers whose mission is to provide an opportunity for our community's children to learn the game of baseball in a safe and friendly environment.

2020 Board of Directors

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Title Name Phone Number

President

Vice President

Secretary

Treasurer

Safety Officer

Information Officer

Player Agent

Umpire in Chief

Coaches Coordinator

Board Member

Board Member

Distribution of Safety Manual

Requirement 2:

Each team will receive a paper copy of this safety manual. Managers and or Team Safety Officers should have a copy of the safety manual at all league functions.

EMERGENCY PHONE NUMBERS

Requirement 3:

Police Emergencies 911 Non-threat Emergency 311 Fire 911

Non-Emergency

Ambulance Dispatch ADD PHONE NUMBERS

Clark County Health District

Animal Control Park Marshal

NEIGHBORING HOSPITALS

Update hospitals and quick cares for your area

NAME: University Hospital

ADDRESS: 123 Main St. City, State PHONE NUMBER: (555) 555-5555

Background Checks

Requirement 4:

Little League International has established criteria for each chartered league's performance of an investigation into the background of all individuals who volunteer in any capacity. Each volunteer will be required to complete a volunteer application from and provide a copy of their government issued photo identification. The minimum requirement for these background investigations is verification that volunteers are not registered sex offenders. In order to provide additional protection to the children we will submit a list of all volunteers to JDP. A background investigation that will list any convictions nationwide will be completed. Upon clearance of individual background investigations all volunteers will be notified by The Board of Directors.

		eer Application - 20 paper to complete if additional space is re	
This volunteer application should only be used if a league is ma		In which of the following would you like to	participate? (Check one or more.)
or an outside background check provider that meet the standar THIS FORM SHOULD NOT BE COMPLETED IF A LEAGUE IS U LittleLeague.org/localBGcheck for more information.		□ League Official □ Umpire □ Coach □ Eleid Maintenance	☐ Manager ☐ Concession Stand ☐ Scorekeeper ☐ Other
A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIF	SCATION MUST BE ATTACHED TO	☐ Coach ☐ Field Maintenance	2 Storeteper 2 Other
COMPLETE THIS APPLICATION.	EXTION MOST BE ATTACHED TO	Please list three references, at least one of which	h has knowledge of your participation as a
Name	Date	volunteer in a youth program:	
Name First Middle Name or Initial	Last	Name/Phone	
Address			
City State	Zip		
Social Security # (mandatory)			
Cell Phone Business Phone		IF YOU LIVE IN A STATE THAT REQUIRES A SERARATE BACKGRO BACKGROUND CHECK, FOR MORE INFORMATION ON STATE	DUND CHECK BY LAW, PLEASE ATTACH A COPY OF THAT STATE!
Home Phone: E-mail Address:			Uttle League organization to conduct background check(s) on m
Date of Birth			n, which may include a review of sex offender registries (some o
Occupation			rt being generated that may or may not be me], child abuse and sultion is conditional upon the league receiving no inappropriate
Employer		information on my background. I hereby release and agree to	hold harmless from liability the local Little League, Little League
Address			s thereof, or any other person or organization that may provide our appointments. Little League is not obligated to appoint me
Special professional training, skills, hobbies:			to the expiration of my term, I am subject to suspension by the
Community affiliations (Clubs, Service Organizations, etc.):		Applicant Signature	Date
Previous volunteer experience (including baseball/softball and year):			Date
Do you have children in the program? If yes, list full name and what level?	Yes □ No □	Applicant Name(please print or type) NOTE: The local Little League and Little League Baseba	III. Incorporated will not discriminate against any person o
2. Special Certification (CPR, Medical, etc.)? Yes □ No □ If y	ves, list:	the basis of race, creed, color, national origin, marital sta	tus, gender, sexual orientation or disability:
3. Do you have a valid driver's license?	Yes 🗆 No 🗀		
Driver's License#:	State	LOCAL LEAG	GUE USE ONLY:
4. Have you ever been charged with, convicted of, plead no cor involving or against a minor, or of a sexual nature?		Background check completed by league off	icer
If yes, describe each in full: (If volunteer answered yes to Question 4, the local league must contact the		System(s) used for background check (mini-	mum of one must be checked): riminal records and sex offender registry records
Have you ever been convicted of or plead no contest or guilty If yes, describe each in full: (Answering yes to question 5, does not automatically disqualify you as a vol		* JDP Sex Offend	ler Registry Data and National Criminal k, as mandated in the current season's official regulations
Do you have any criminal charges pending against you regarding if yes, describe each in full: (Answering yes to question 6, does not automatically disqualify you as a vol		*Please be advised that if you use IDP and there is a n searches can be performed you should notify volunteer IDP in compliance with the fair Credit Reporting Act co associated with the name, which may not necessarily be	rs that they will receive a letter or email directly from intaining information regarding all the criminal records
Have you ever been refused participation in any other youth participation in any other youth participation.		Only attach to this application copies of background che	

	Little L	eague [,] "Basic" Vo	lunteer Application - 2020	
			per to complete if additional space is required.	
or for leagues that are using a	an outside background check	eagues utilizing the JDP Quick App provider that meet the standards of	A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE AT COMPLETE THIS APPLICATION (NOT NECESSARY IF VOLUNTEER IS RETURNING)	
Little League Regulation 1(c)S All fields are required.). Visit LittleLeague.org/localB	Gcheck for more information.	Please provide updated information below if there are any changes from previ- requesting a new position.	ous years or
Name First				
	Middle Name or init	tial Last	Occupation:	
Address			Employer:	
City	State	Zip	Address:	
Home Phone:	Cell Phone			
		55:	Special professional training, skills, hobbies:	
			apecial professional training, skills, mountes.	
Driver's License#:			Special Certifications (CPR. Medical, etc.):	
(if volunteer answered yes to 0	full:	Yes No :: It the Little League International Security Manager.)	Special Affikations (Clubs, Services Organizations, etc.): Previous volunteer experience (including baseball/softball and years (s)):	
If yes, describe each in	ted of or plead no contest or go full: does not automatically disqualify you as		If YOU LINE IN A STATE THAT REQUIRES A SEPARATE BACKSHOUND CHECK BY LAW, PLEASE ATTACH A COPY BACKSHOUND CHECK FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WESSITE: LITTLE AREA OF A COPY	
If yes, describe each in	arges pending against you regan full: does not automatically disqualify you as		ASA CONDITION OF VOLUNTERING, I give permission for the Little League organization to conduct backgrome now and as long as I continue to be active with the organization, which may include a review of sex of	fender registries
			(some of which contain name only searches which may result in a report being generated that may or may abuse and criminal history records. I understand that, if appointed, my position is conditional upon the lea	
 Have you ever been refu If yes, explain: 	sed participation in any other	youth programs? Yes 🗆 No 🗆	inappropriete information on my background. It hemity melease and agree to hold harmless from liability the let Little League Baseball, incorporated, the efficent, employees and volunteers thereof, or any other person or may provide such information: I also understand that, regardless of previous appointments, Little League	cal Little League, organization that
			to appoint me to a volunteer position. If appointed, I understand that, prior to the expiration of my te	
	vould you like to participate?		to suspension by the President and removal by the Board of Directors for violation of Little League policies	or principles.
☐ League Official	☐ Field Maintenance	☐ Concession Stand		
□ Coach	☐ Manager	□ Other	Applicant Name (please print or type)	
☐ Umpire	☐ Scorekeeper			
	LOCAL LEAGUE USE ONL		Applicant Signature Date	
Background check completed by league	dor		If Minor/Parent Signature Date	
		nis intain ninital roads and an affector registry munit- ry Data and National Criminal Records		
solutions that they will recove a letter or of the criminal records associated with the name	check, as mandated in the en canane roots in the few dates where only na- eral deedly from DP is compliance with the face Or is, which may not recoverify be the league valuates	te current season's official regulations menutils searches can be performed you should natify weld Reporting Act conclusing officeration regarding all sc	NOTE: The local Little League and Little League Basebal, incorporated will not discriminate again on the basis of race, creed, color, national origin, markel status, gender, sexual orientation or disa	
Chely attach to this applica	rtion copies of background check reports that re	weal convictions of this application.	I .	

League Training Dates and Times

Requirement 5: Date Location Time Coach Fundamental Training: LEAGUE FILLS IN THIS INFORAMATION

DO NOT PUT TBA! YOU MUST PUT THE DATE/LOCATION

Requirement 6: Date Location Time Safety Training: LEAGUE FILLS IN THIS INFORAMATION

Requirement 2: Each team will receive a paper copy of this safety manual. Managers and or Team Safety Officers should have a copy of the safety manual at all league functions.

Field Inspections and Storage Procedures

Requirement 7:

BERORE THE SEASON STARTS

- ✓ Familiarize yourself with the safety materials.
- ✓ Appoint a Safety Parent for your team. They need to be at all the games and have a cellular phone. It can be an Assistant Coach.

PRIOR TO EACH GAME

- ✓ Complete a field safety checklist. Report any problems to your Commissioner. Or to the League Safety Officer.
- ✓ Check the team equipment for any problems. Report any equipment problems to the Equipment Manager.
- ✓ Check the contents in your team's first aid kit. Contact the League Safety Officer for any items that need to be replaced.

STORAGE SHED

The following applies to the entire storage shed used by the League and applies to anyone who has been issued a key to use those sheds.

- ✓ All individuals are aware of their responsibility for the orderly and safe storage of rakes, shovels, and bases.
- ✓ Before you use any equipment located in the shed (lights, scoreboards, etc.) please read the written operating procedures for that equipment.
- ✓ All chemicals or organic materials stored in the sheds shall be properly marked and labeled as to its contents.
- ✓ Any witnessed "loose" chemicals or organic materials within these sheds should be cleaned up and disposed of as soon as possible to prevent accidental poisoning.

PRE-GAME FIELD INSPECTION CHECK LIST

MANAGERS NAME:

FIELD:

DATE: Time:

Field Condition	Yes	No	Catchers Equipment	Yes	No
Backstop Intact			Hockey Catchers Helmet		
Home Plate Intact			Dangling Throat Guard		
Bases Secure			Helmets		
Pitcher's Mound Safe			Catcher's Mitt		
Batter Box Lined/Level			Chest Protector		
Infield Fence Repair			Shin guards		
Outfield Fence Repair			Dugouts	Yes	No
Foul Lines Marked			Fencing Needs Repair		
Infield Need Repairs			Bench Needs Repair		
Outfield Need Repairs			Trash Cans		
Warning Track			Clean Up Is Needed		
Coaches boxes Lined					
Free Of Foreign Objects			Spectator Area	Yes	No
Grass Surface Even			Bleachers Need Repair		
			Protective Screens Ok		
Player Equipment	Yes	No	Bleachers Clean		
Batting Helmets			Parking Area Safe		
Jewelry Removed			Safety Equipment	Yes	No
Shoes/Bats Inspected			First-aid Kit Each Team		
Face Mask (Minor/Mjrs)			Medical Release Forms		
Proper Cleats			Ice Pack/Ice		
Athletic Cups (boys)			Safety Manual		
Full Uniform			Injury Report Forms		
Bats Meet Standards			Drinking Water		

REPORT ANY PROBLEMS TO YOUR COMMISSINER OR SAFETY OFFICER. Turn this form into the concession stand or to your division Rep.

Requirement 8:

Annual Little League Facility Survey will be submitted in the Data Center.

Concession Stand Guidelines

Requirement 9:

Every worker must be instructed on these guidelines before they can work.

Wash your hands regularly:

- Use soap and warm water.
- Rub your hands vigorously as you wash them.
- Wash all surfaces including the backs of hands wrists, between fingers and under fingernails.
- Rinse hands well.
- Dry hands well.
- Dry hands with paper towels.
- Turn off water using paper towel, instead of your bare hands.

Wash your hands in this fashion before you begin work and especially after performing any of these activities:

- After touching bare human body parts other than clean hands and clean exposed portions of arms.
- After using restrooms.
- After caring for or handling animals.
- After coughing, sneezing, using a handkerchief or disposable tissue.
- After touching soiled surfaces.
- After drinking, using tobacco, or eating.
- During food preparation.
- When switching from raw to ready to eat foods.
- After engaging in activities that contaminate hands.

Basic Rules:

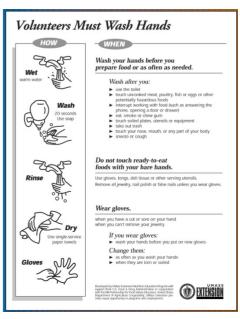
- 1. Menu... smaller is better. No salads cut up fruit or vegetables, no food prepared at home.
- 2. Cook food thoroughly. Use a meat thermometer. Keep hotdogs and burgers at 41 degrees when cold and cook to 155 degrees or above when hot.
- 3. Rapidly reheat foods to 165 degrees. Slow cooking devices may activate bacteria and never reach killing temperatures.
- 4. All foods that require refrigeration must be cooled to 41 degrees F. as quickly as possible and held there until ready to use. To cool foods quickly, use the ice water bath (60% ice and 40% water), stirring the product frequently, or place their food in shallow pans no more than 4 inches in depth and refrigerate. Pans should not be stored one a top of the other and lids should be off or afar until the food is completely cooled. Check the temperature periodically to see if the food is cooling properly. DO NOT LEAVE FOOD OUT AT ALL!!

- FREQUENT AND THOROUGH HANDWASHING IS REQUIRED.
- 6. Only healthy people should prepare and serve food. Anyone with any symptoms of disease (cramps, nausea, fever, vomiting, diarrhea, cough etc.) or who has open sores or infected cuts on the hands should not be allowed in the food concession area. Workers' clothes should be clean, and they should not smoke in the concession area. Hair restraints are recommended.
- 7. Food handling: Avoid hand contact with raw food, ready-to-eat foods and food contact surfaces. Use a utensil and/or glove.
- 8. Use disposable utensils for food service. Keep your hands away from food contact surfaces and never reuse disposable dishware. Ideally utensils should be washed in a four-step method: (1) Hot soapy water, (2) Rinsing in clean water, (3) Chemical or heat sanitizing, (4) Air drying.
- 9. Ice that is used to cool cans/bottles should not be used in cup beverages. And should be stored separately. Use scoop to dispense ice, never use hands.
- 10. Wiping cloths should be rinsed and stored in a bucket sanitizer. (1-gallon water and ½ tsp. chlorine bleach. Change the solution every 2 hours.
- 11. Insect control and waste. Keep foods covered to protect from insects. Store pesticides away from food. Place garbage and paper waste in a refuse container with a lid that fits tightly. Dispose of all water in the restrooms, do not pour outside. All water that is used should be potable from and approved source.
- 12. Keep food stored off the floor at least 6 inches. After your event is finished, clean the concession area and discard any unusable food. Do not save food for reheating.

THE TOP SIX CAUSES FOR ILLNESS

- 1. Inadequate cooling and cold holding.
- 2. Preparing food too far in advance of service.
- 3. Poor personal hygiene and infected personnel.
- 4. Inadequate reheating.
- 5. Inadequate hot holding.
- 6. Contaminated raw foods and ingredients.





Inspection of Equipment

Requirement 10:

- This Little League requires regular inspection of playing equipment.
- Unsafe equipment should not be given in team equipment bags.
- Manager's Coaches and Umpires are required to inspect equipment prior to each use.
- Bad equipment will be logged and will be removed and destroyed.

Accident Reporting Procedure

Requirement 11:

<u>What to Report:</u> An incident that causes a Payer, Manager, Coach or Umpire to receive medical treatment or first aid must be reported to The Safety Officer.

<u>When to Report:</u> All such incidents described above must be reported to The Safety Officer within 24 to 48 hours of the incident.

The Safety Officer is: NAME: LEAGUE FILLS IN INFORMAION

Cell Number: Home Number:

Email:

<u>How to Make a Report:</u> Reporting incidents can come in a variety of forms. Most typically they are telephone conversations. At a minimum the following information is needed.

- 1. The name and address of the injured person.
- 2. The date, time and location of the incident.
- 3. As detailed of a description of the incident as possible.
- 4. The preliminary estimation of the extent of the injury.
- 5. The name and phone number of the person making the report.
- 6. Names and phone number of any witnesses.

In your safety packet you will find the injury report forms. If your Safety Parent is there, he/she can assist you in getting the front of the form filled out. Then a call is to be made to The Safety Officer reporting the incident within 48 hours. Little League insurance is a supplemental insurance to the insured's own insurance. There is a small deductible.

<u>How to Replace the Injury Report Forms:</u> The forms can be replaced by The Safety Officer or downloaded from <u>www.leagueleague.org</u> found under forms and publications.

FIRST AID KITS

Requirement 12:

Each team is provided with a league issued first aid kit. Each kit includes the following.

- (10) Adhesive sterile bandage
- (2) Extra-large adhesive sterile bandage
- (2) Non-adherent pads 2 x 3
- (2) Gauze pad 12-ply 3 x 3 sterile
- (1) Adhesive tape
- (2) Instant cold compress 4 x 4
- (3) Triple antibiotic ointment
- (3) Antiseptic towelette
- 1/8 oz. Burn Cream
- (3) Sting relief wipes
- (1) Tweezers

Communicable Disease Procedures

- 1. Bleeding must be stopped, the open wound covered, and the uniform changed if there is blood on it before the athlete may continue.
- 2. Routinely use gloves to prevent mucous membrane exposure when contact with blood or other body fluids is anticipated (Provided in the first aid kit).
- 3. Immediately wash hands and other skin surfaces if contaminated with blood.
- 4. Clan all blood contaminated surfaces and equipment.
- 5. Managers, Coaches, and Volunteers with open wounds should refrain from all direct contact until the condition is resolved.
- 6. Follow accepted guidelines in the immediate control of bleeding and disposal when handling bloody dressings, mouth guards and other articles containing body fluids.

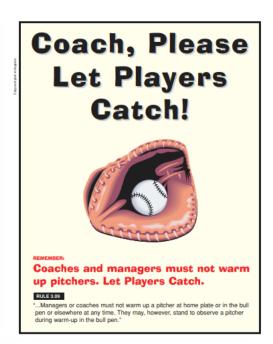
Enforcement of Little League Rules

Requirement 13:

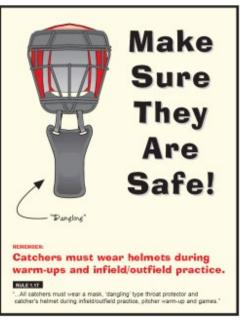
- All volunteers must have a volunteer application filled out and on file with the Little League. Our league will provide annual background checks.
- No laminated bat shall be used... (rule 1.10)
- The traditional batting donut is not permissible... (rule 1.10)
- A pitcher shall not wear any items on his/her hands, wrists or arms which may be distraction to the batter. White long sleeve shirts are not permitted... (rule 1.11)
- Pitcher shall not wear sweat bands on his/her wrists... (rule 1.15)
- Players must not wear jewelry... (rule 1.11)
- Catcher must wear a catcher's mitt... (rule 1.12)

- All batters must wear protective batting helmets, all helmets must bear the NOCAE stamp, No painting or stickers on helmets... (rule 1.16)
- All male players must wear athletic supporters. Male catchers must wear the metal, fiber or plastic type protective cup.
- Catching helmet must have the dangling type throat protector and catcher's helmet during infield/outfield practice, pitcher warm-up and games.
- Skull caps are not permitted... (rule 1.17)
- Each team is allowed three coaches in the dugout...
- Mangers or coaches may not warm up a pitcher at home plate or in the bull pen or elsewhere at any time... (rule 3.09)
- Coaches are encouraged to discourage "horseplay"
- No on deck batters are allowed in the Majors and below...(rule 1.08)









Lightning Facts and Procedures

Consider the following facts:

- The average lightning stroke is 6-8 miles long.
- The average thunderstorm is 6-10 miles wide and travels about 25 miles an hour.
- On the average, thunder can only be heard over 3-4 miles, depending on humidity, terrain, and other factors. This means that by the time you hear the thunder, you are already in the risk area for lighting strikes.

Rule of Thumb: The ultimate truth about lighting is that it is unpredictable and cannot be prevented. Therefore, a manager or coach who feels threatened should contact the head umpire and recommend stopping play and clearing the field. In our league the umpire makes the decision as to whether play is stopped. Once play is stopped, take the kids to safety until play resumes or game is called.

Where to Go? No place is safe from lightning threat, but some places are safer than others. Constructed buildings are usually the safest. Most people will find shelter in a fully enclosed metal vehicle with the windows rolled up. If you are stranded in an open area, put your feet together, crouch down and put your hands over your ears to prevent eardrum damage.

Where not to go? Avoid high places and open fields, isolated trees, unprotected gazebos, rain or picnic shelters, dugouts, flagpoles, light poles, bleachers, metal fences and water.

First Aid for a Lightning Victim:

- Call 911 immediately.
- Typically, the lightning victim has similar symptoms as that of someone having a heart attack. Consider: will moving cause anymore injury. If the victim is in a high-risk area, determine if movement is necessary. Lightning does strike twice in the same place. If you are not at risk, and moving is a viable option, you should move the victim.
- If the victim is not breathing, start mouth to mouth resuscitation. If it is decided to move the victim, give a few quick breaths prior to moving the victim.
- Determine if the victim has a pulse. If no pulse is detected, start cardiac compressions as well.

NOTE: CPR should only be administered by a person knowledgeable and trained in the technique.

Remember: Safety is everyone's job. Prevention is the key to reducing accidents to a minimum. Report all hazardous conditions to The Safety Officer or another Board Member immediately. Don't play on an unsafe field or with unsafe equipment. Check the teams' equipment prior to each use.

Hydration

Managers are required to bring water to each practice and game. Players are encouraged to bring bottled water or sports drinks.

Tips to Prevent Heat Illness:

- Know that once you are thirsty you are already dehydrated.
- Drink before you become thirsty.
- Drink plenty of liquids like water, or sports drinks every 15 minutes.
- Water seems to be the preferred beverage. Water has many critical functions in the body that are important for performance they include, carrying oxygen and nutrients to exercising muscles.
- Do not drink beverages with caffeine before practice or games. Caffeine can increase the rate of dehydration.
- Do not exercise vigorously during the hottest time of the day.
- Practice in the morning and during the latter part of the evening.
- Wear light color loose cloths.
- Use sunscreen to prevent sunburn.
- If you begin to feel faint or dizzy stop your activity and cool off by sitting in the shade, air-conditioned car or use a wet rag to cool you off.

How is it treated?

Emergency medical treatment is necessary. If you think someone has heatstroke, call 911 or a doctor immediately. In the meantime, give first aid as follows:

- Move the person to a shady area.
- Cover the person with a wet sheet and keep the sheet wet for cooling from evaporation.
- Fan the person with paper or an electric fan (preferably not cold air).
- Sponge down the body, especially the head, with cool water.
- Continue giving first aid until the body feels cool to the touch.
- If the person is conscious, let them sip water, fruit juice, or a soft drink.



Submitting Player, Manager and Coach Data

Requirement 14:

Player, Manager, and Coach information will be submitted through the Little League Data Center at www.littleleague.org by April 1, 2020 or two weeks following the draft.

Requirement 15:

We will answer the survey questions in the Little League Data Center.

Concussions

Please update this section to reflect your state laws and or league policies

All 50 states have laws specific to the management of concussions and head injuries. Some states require not just leagues but DA's, ADA's and umpires to undergo annual training.

- Some states may affect only school-based activities, but many also address any group using school facilities or grounds for athletic purposes.
- Little League has developed a concussion overview page for each state that will be similar to the Child Abuse page.
- The CDC (Centers for Disease Control and Prevention) website is a great tool for leagues to encourage their managers/coaches, parents and players to review concussion information www.cdc.gov/concussion/HeadsUp/youth.html Concussions
- DA's must also be aware of their state's respective laws, especially during any Special Games events or International Tournament games being hosted by the District.
- Failure to adhere to these laws could expose the District and/or host to unwanted liability and penalties Some states require that the participant and a parent/guardian must sign and acknowledge that they understand the risks of concussions before they can participate
- The majority of states also require immediate removal from competition if a person has sustained a concussion and that they cannot return until being released in writing by a medical professional.



YOUR Little League Concussion Prevention, Treatment and Management Policy

The Legislature enacted a law which requires youth sports organizations to adopt a policy concerning the prevention and treatment of injuries to the head which may occur during a youth's participation in competitive sports, including, without limitation, a concussion of the brain.

A concussion is a brain injury that results from a bump, blow or jolt to the head or body which causes the brain to move rapidly in the skull and which disrupts normal brain function. The Centers for Disease Control and Prevention of the United States Department of Health and Human Services estimates that as many as 3.8 million concussions occur each year in the United States which are related to participation in sports and other recreational activities. Athletes who continue to participate in an athletic activity while suffering from a concussion or suffering from the symptoms of an injury to the head are at greater risk for catastrophic injury to the brain or even death. Ensuring that a Little League player who sustains or is suspected of sustaining a concussion or other injury to the head receives appropriate medical care before returning to baseball activity will significantly reduce the child's risk of sustaining greater injury in the future.

THEREFORE, **YOUR Little League** hereby adopts the following policy for purposes of prevention, treatment and management of injuries to the head that may occur during a player's participation in the Little League program, including, without limitation, a concussion of the brain:

- 1. Prior to a team's first practice each season, every manager, coach and adult assistant shall:
- a) Familiarize themselves with the CDC publication "Heads Up Concussion in Youth Sports A Fact Sheet for Coaches". This publication will be provided to all such individuals by the League Safety Officer or other Board members; and,
- b) Complete the CDC on-line training course at:

http://www.cdc.gov/concussion/HeadsUp/online training.html

A copy of the Certificate of Completion for each of the above individuals shall be submitted to the League Safety Officer.

- **2.** If a Little League player sustains, or is suspected of sustaining, an injury to the head while participating in any Little League game or even the player must:
- a. Be immediately removed from the game or event; and
- **b.** May only return to Little League activity if the parent or legal guardian of the player provides a signed statement from a provider of health care indicating that the youth is medically cleared for Little League participation and the date on which the player may return to participation.
- **3.** The Little League player and his or her parent or legal guardian must sign the statement below acknowledging that they have read and understand the terms and conditions of the policy, and agree to be bound by the policy.

YOUR Little League Concussion Prevention, Management and Treatment Policy Player and Parental Acknowledgement

We, the undersigned, acknowledge that we have been provided with a copy of the YOUR Little League Concussion Prevention, Management and Treatment Policy, and that we have read and understand the policy or it has been read to us and we understand the same. We hereby agree to follow all procedures set forth in said Policy at all times during which our son or daughter participates in Little League activities and events.

Dated:		
	Player	
Dated:		
	Parent/Legal Guardian	Parent/Legal Guardian
LEAGUE USE: Division:	Team:	

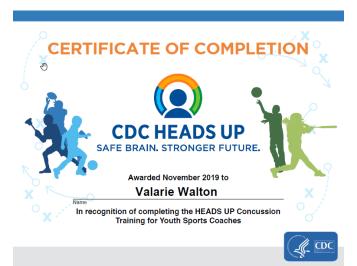
Safe Sports Act

- "Protecting Young Victims from Sexual Abuse and SafeSport Authorization Act of 2017" became federal law in 2018
- The goal of SafeSport is to protect children from abusive situations by engaging more people in the reporting and education processes
- A volunteer now can be held legally responsible if they have firsthand knowledge and fail to report any type of Child Abuse to the correct parties
- SafeSport covers all types of Child Abuse both physical and psychological
- SafeSport prompted USA Baseball to create Pure Baseball

USA Baseball Pure Baseball Initiative

- Little League International and all local little league programs must adhere to the following requirements from the SafeSport Act:
- Reporting of Abuse involving a minor to the proper authorities
- All volunteers of a local league are now mandated reporters and could face criminal charges if the league chooses to ignore, or not report to the proper authorities, any witnessed act of child abuse, including sexual abuse, within 24 hours.
- Local leagues must be aware of the proper procedures to report any type of abuse in their state. Please reference www.LittleLeague.org/ChildAbuse
- Leagues must adopt a policy that prohibits retaliation for "good faith" reports of child abuse.
- Leagues must adopt a policy that limits one-one-one contact with minors.
- Leagues are highly encouraged to complete the Abuse Awareness training provided by USA Baseball and/or SafeSport.

https://www.usabaseball.com/about/safesport http://www.sportdev.org/ItemDetail?iProductCode=OCAAA&Category=ONLINE&Website Key=f50aacb2-a59e-4e43-8f67-29f48a308a9e





Accident Notification Form Page 1 (Parent/Guardian Statement)

ACCIDENT NOTIFICATION FORM INSTRUCTIONS

Accident & Health (U.S.)

Send Completed Form To: Little League, International 539 US Route 15 Hwy, PO Box 3485 Williamsport PA 17701-0485 Accident Claim Contact Numbers: Phone: 570-327-1674

- This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League
 Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/
 dental treatment must be rendered within 30 days of the Little League accident.
- Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
- When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
- Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and
 Exclusion provisions of the plan.
- Limited deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.
- 6. Accident Claim Form must be fully completed including Social Security Number (SSN) for processing

U. ACCOUNT CHAIRT ONLY	nust be fully completed	- mooning .	Social Security	Hamilton (Son	y - 101 pro	Second.			
League Name							League I.C).	
Name of Injured Person/O	Claimant	SSN	PART 1	Date of Birth	(MM/DD	YY)	Age	Sex	
								☐ Female	☐ Male
Name of Parent/Guardian	n, if Claimant is a Minor	r		Home Phon	e (Inc. Are	a Code)	Bus. Phon	e (Inc. Area C	Code)
				()			()		
Address of Claimant			Add	ress of Parent/	Guardian,	if differer	1		
The Little League Master per injury, "Other insurance									
employer for employees a									MIT
Does the insured Person/				Employer Plan		DNo	School F		□No
Does the Insured Personi	Parenty-Justician navel	any mautan		individual Plan	□Yes	□No	Dental F		DNo
Date of Accident	Time of Accids	ent T	voe of Injury						
	1		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,						
	□A								
Describe exactly how acc	cident happened, includ	ting playing	position at the	time of accide	nt				
Check all applicable resp	conses in each column								
□ BASEBALL	☐ CHALLENGER		PLAYER			DUTS		SPECIAL E	
□ SOFTBALL			MANAGER, C			STICE	-	(NOT GAME SPECIAL G	
☐ CHALLENGER		Contract of the Contract of th	VOLUNTEER				GAME	(Submit a co	
 TAD (2ND SEASON) 	□ LITTLE LEAGUE	_	PLAYER AGE	NT OREKEEPER		/EL TO /EL FRO		your approv	
	D JUNIOR (12-14)		SAFETY OFF			RNAMEN		Little Leagu	
	☐ SENIOR (13-16)		VOLUNTEER:			ER (Desc		Incorporate	5)
	□ SEMON (13-10)	_	TOTAL STREET	The state of the s	-	- Commen			
I hereby certify that I have	a second than assessment to a	discourse of the	de former and to	the best of our	tonomia de de	a and had	Self they before	and the same	nin and in
complete and correct as it		all parts or tr	is form and to	the best of my	Knowledg	e and be	Herr tree into	armation conti	
I understand that it is a cr				and the section				e to second to a	
submitting an application									
I hereby authorize any ph									
that has any records or kr									
Little League and/or Natio									
as effective and valid as t	the original.								
Date	Claimant/Parent/Guar	rdian Sinnat	use (In a bec o	enent househo	ld, both ex	nemis m	at sign this	(form.)	
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Date	Claimant/Parent/Guar	rdian Signat	ure						

Accident Notification Form Page 2 (League Use Only)

For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

For Residents of New York

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of material, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

	PART 2 - LEAGUE STATEMENT	(Other than Parent or CI	almant)			
Name of League	Name of Injured F	• • • • • • • • • • • • • • • • • • • •	League I.D. Number			
Name of League Official			Position in League			
Address of League Official	-		Telephone Numbers (Inc. Area Codes)			
			Residence: ()			
			Business: ()			
			1 /			
Were you a witness to the accidence of the provide names and addresses.	dent? DYes DNo of any known witnesses to the reports	ad accident.				
Charle the house for all second	riate items below. At least one item in	and askers must be aske	ato d			
POSITION WHEN INJURED	INJURY	PART OF BODY	CAUSE OF INJURY			
□ 01 1ST	☐ 01 ABRASION	□ 01 ABDOMEN	☐ 01 BATTED BALL			
□ 02 2ND	□ 02 BITES	☐ 02 ANKLE	□ 02 BATTING			
□ 03 3RD	D 03 CONCUSSION D 04 CONTUSION	O 03 ARM	D 03 CATCHING			
04 BATTER 05 BENCH	D 04 CONTUSION	D 04 BACK D 05 CHEST	D 04 COLLIDING D 05 COLLIDING WITH FENCE			
D 06 BULLPEN	D 06 DISLOCATION	D 06 EAR	D 08 FALLING			
☐ 07 CATCHER	□ 07 DISMEMBERMENT	D 07 ELBOW	D 07 HIT BY BAT			
□ 08 COACH	□ 08 EPIPHYSES	D 08 EYE	□ 08 HORSEPLAY			
☐ 09 COACHING BOX ☐ 10 DUGOUT	D 09 FATALITY D 10 FRACTURE	□ 09 FACE	09 PITCHED BALL 10 BUNNING			
☐ 10 DUGOUT ☐ 11 MANAGER	D 11 HEMATOMA	D 10 FATALITY	☐ 10 HUNNING ☐ 11 SHARP OBJECT			
D 12 ON DECK	D 12 HEMORRHAGE	D 12 HAND	D 12 SLIDING			
□ 13 OUTFIELD	□ 13 LACERATION	II 13 HEAD	☐ 13 TAGGING			
□ 14 PITCHER	□ 14 PUNCTURE	□ 14 HIP	□ 14 THROWING			
☐ 15 RUNNER ☐ 16 SCOREKEEPER	II 15 RUPTURE	☐ 15 KNEE ☐ 16 LEG	D 15 THROWN BALL D 16 OTHER			
□ 17 SHORTSTOP	II 10 SPIONE	D 17 LIPS	II 16 OTHER			
☐ 18 TO/FROM GAME	☐ 18 OTHER	II 18 MOUTH	L II discionis			
☐ 19 UMPIRE	□ 19 UNKNOWN	II 19 NECK				
☐ 20 OTHER	□ 20 PARALYSIS/	☐ 20 NOSE				
☐ 21 UNKNOWN ☐ 22 WARMING UP	PARAPLEGIC	D 21 SHOULDER D 22 SIDE				
LI 22 WARNING UP		D 23 TEETH				
		D 24 TESTICLE				
		D 25 WRIST				
		28 UNKNOWN				
		☐ 27 FINGER				
Page insur beginning one better to	elmets with attached face guards?	DYES DNO				
If YES, are they Mandatory	or DOptional At wh	sat levels are they used?				
hereby certify that the above r	Thereby certify that the above named claimant was injured while covered by the Little League Baseball Accident Insurance Policy at the					
time of the reported accident. I also certify that the information contained in the Claimant's Notification is true and correct as stated, to the best of my knowledge.						
	sue Official Signature					
Lieux Lieux	per omoai signature					